



MEDICATIONS TO STOP PRIOR TO SURGERY

To minimize the risk of bleeding during and after surgery, medications that could potentiate bleeding are held prior to surgery. Medications that need to be discontinued **seven days** prior to surgery include:

- **Aspirin or Aspirin containing products:** including some over the counter headache medications and cold medications. (ie: Excedrin)
- **Nonsteroidal anti-inflammatories:** Aleve, Advil, Ibuprofen, Motrin, Relafen(nabumetone), Naprosyn(naproxen), Celebrex(celecoxib), Mobic(meloxicam), Indocin(indomethacin), Voltaren(diclofenac), Plaquenil(hydroxychloroquine), Lodine (etodolac), Stelara (ustekinumab), and certain cold medications.
- **Vitamin E**
- **Omega 3 Fish Oil**
- **Blood-thinners:** Coumadin(warfarin), Xarelto(rivaroxaban), Eliquis(apixaban), Pradaxa(dabigatran), Plavix(clopidogrel), Brillinta(ticagrelor), Arixtra(fondaparinux), Aggrenox (ASA/Dipyridamole), Effient (prasugrel), Ticlopidine
 - **Prior to discontinuing any prescription blood thinner, the prescribing physician should be contacted for approval. Instructions may vary per medication and will be included in your surgery guide.**

These medications should not be resumed until your surgeon approves. Please call the office at 314-806-1770 if you have any questions or concerns regarding medications.